

Rejuvenation Care Services

Interstate Trips 2012

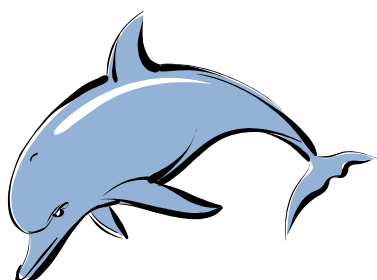
Hello and welcome to Rejuvenation, the home of fun, friendship & good cheer!

We're going Interstate - want to come?

5 day trip to Byron Bay!

Monday 30.07.2012 Friday 04.08.2012

Byron Bay is truly a place for all seasons, nestled on the north coast of New South Wales approximately 2 hours drive south of Brisbane and a 40 minute drive south of the Gold Coast. A year round tropical paradise of beaches and rainforests with the average temperature in summer of 27 degrees and 22 degrees in winter. The township is dominated by the Cape Byron Lighthouse which by night is Australia's most powerful beacon and by day the backdrop for hang gliders which soar in the thermals off the Cape. Those who prefer less adventurous activities can meander along the world famous Cape Byron Walking track and watch dolphins waltz in the waves below or play with the surfers in the waves at Wategos Beach. Not to be outdone by the Dolphins those giants of the deep, the Humpback Whales can be seen breaching and playing off the waters off the Cape as they migrate north in July/August and return in September/October.



The cost per person is \$1930.00 and is inclusive of the following:

- A home visit - to determine care needs; discuss locations, activities and general outline of the break, tailoring it, as much as possible to your requirements.
- Research - staff visit and assess locations, activities and venues prior to breaks being organised. This provides you with real choices and ensures that the break is focused on you.
- Assistance - is provided throughout the break by professional care staff. In consultation with you, needs are identified and a care plan devised. This may include general supervision, toileting, prompting/reminding to take medication, also household tasks such as bed making, cooking, shopping and laundry. Care staff ratio to clients is dependent upon client need, but generally would be 1:4. Care staff is available throughout the day and evening and are on call within the property during the night.
- Door to door transport - you are collected from your home address on the day of departure and returned there at the end of the break, we also accommodate folding walking frames and wheelchairs.
- Flights & Insurance - return flights and basic travel insurance is included in the cost.
- Excellent Facilities -we use good quality holiday homes and apartments, providing a high standard of cleanliness, comfortable furnishings usually situated close to the town centre. The properties have cooking facilities, easy access to bedrooms, showers, toilets and entertainment areas.
- Meals - Breakfast, lunch, dinner and evening snacks are provided throughout the holiday and dietary requirements are accommodated. Menus are generally planned in consultation with clients beforehand.
- Social outings and activities- are provided during the break. These may include outdoor barbecues and general fun activities - outings to local scenic attractions. We make every effort to access activities available to the general public, thereby enabling you to participate in every day community events.

Need more
information?

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