

Rejuvenation Care Services

3 Day Breaks

February - March 2012

February 4th – 6th (Sat to Monday) Spirit of Melbourne Dinner Cruise

Join us for a spectacular city weekend in wonderful Melbourne. There's so much to do I hardly know where to begin. There's Federation Square, The Royal Botanical Gardens, The Aquarium, The old Melbourne Gaol, The Eureka Skydeck, The Queen Vic Market to name but a few!

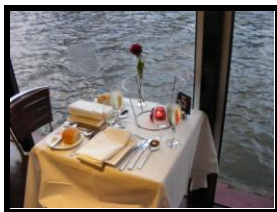
After a day of sightseeing you can relax and watch the world go by whilst sipping a glass of vino and once rested we'll be off for an evening dinner cruise on The Yarra!

With a stunning city background of colours and lights, you're sure to enjoy the extensive six-course meal, freshly prepared onboard by gourmet chefs & served by very "attention to detail" conscientious staff.

The Cruise is inclusive of the following:

- Six-course gourmet meal featuring prime local cuisine and global cuisines.
- Professional, personalized service
- All beverages included
- Comfortable fully enclosed cruiser

Altogether a wonderful experience and fun filled weekend! **(No wheelchair access)**



February 10th – 12th Woolamai Cup

Join us on The Bass Strait for a weekend of fun and relaxation. We will reside at the very comfortable House on the Hill in Kilcunda, surrounded by lovely scenery, sumptuous food, good wine and excellent company! The highlight of the weekend will be a day at the races – The 2012 Woolamai Cup to be precise. This year we will have our own marquee – so if you fancy a flutter in comfort, this is the break for you!

Should you prefer to have a quieter time, an afternoon of relaxation can be arranged – an array of therapies will be available: massage, including hand, neck & shoulders or full body, meditation and raiki. **(Wheelchair accessible)**



February 17th – 19th The Mornington Peninsula

This weekend we're off to beautiful Sorrento on the Mornington Peninsula, always a popular destination.

This will be a seafaring weekend, the highlight being a Dolphin & Seal sightsee cruise. On boarding 'Moonraker', a purpose built Dolphin swimming vessel, the friendly crew will offer us a welcome drink.

We then cruise past the amazing cliff top homes and private beaches of Sorrento and Portsea, on our way out into the sheltered shallows of Port Phillip Bay. Our next port of call will be Chinaman's Hat, a local spot where the Australian Fur Seals reside and will be waiting to show us some remarkable sights. It's amazing how friendly these truly wild creatures are. From Chinaman's Hat, we cruise over to Popes Eye Historic Marine Park, dating back to the 1800's. Here we will meet the Australasian Gannet colony and our guides will share some interesting and educational facts about these amazing sea birds.

Afternoon tea will be served on board and there is a licensed bar & café on the lower deck.

So for all those sailors and would be sailors, this is the weekend for you!

(Suitable for wheelchairs if able to transfer from chair to boat with some assistance)

February 25th - 27th (Sat to Mon) Bunyip Country Music Festival

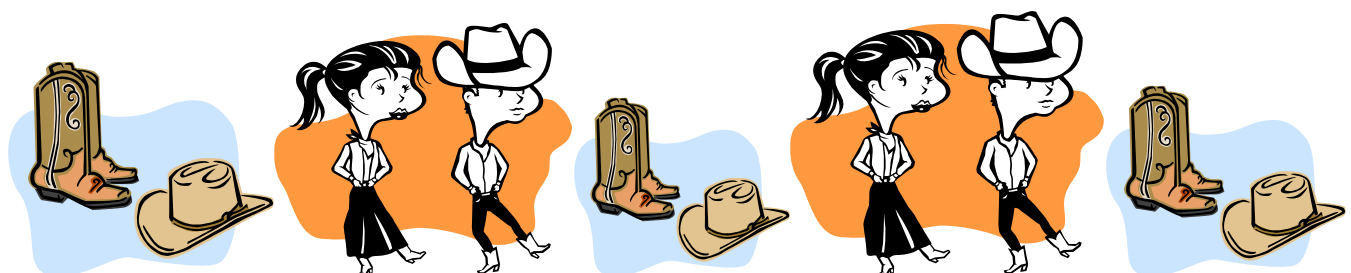
Bunyip is a small town 77 kilometres south-east of Melbourne located on the Gippsland railway line, on the north eastern edge of the rich agricultural land of the former Kooweerup Swamp. From the hill behind the shops in Main Street, at an elevation of 44 metres above sea level, a panoramic view can be obtained on a fine day as far as Westernport Bay.

Early maps of the district give the name "Buneeep" to the river and first cattle run. This was probably derived from an aboriginal legend belonging to tribes of the northern and south - western territories of the Swamp who avoided the region because of a mythical monster called a "bunyip or tooradin or tunatpan" who made its home in the dense ti-tree and watery swamplands.

The Bunyip Country Music Festival has built a reputation as one of Australia's best of its type, offering great entertainment for everyone. A top class line up of talent playing between 10:00am and 6:00pm is assured.

So for all you country music lovers this is the one for you! A great line up of talented performers plus market stalls, good food and wine – what more can we ask!

(Wheelchair accessible)



March 2nd – 5th A trip to Warrnambool

(This is a 4 day break \$105.00 per person for the extra night/day)

Situated on the majestic and rugged coastline of Victoria's Shipwreck Coast, Warrnambool is home to an abundance of natural beauty. This includes the very picturesque Lady Bay and Logan's beach which houses the famous Warrnambool Whale Nursery; for thousands of years the Southern Right Whale has returned to this region annually to give birth to the next generation of this magnificent mammal. This really is an interesting area with so much history and a good deal of intrigue.

Another point of interest is Flagstaff Hill Maritime Village, a maritime village and museum built around 1858. Holder of Victoria's largest maritime and shipwreck collection its feature pieces are the \$4m Loch Ard Peacock, a priceless relic from the wreck Loch Ard that in 1878 was lost at the now famous Loch Ard Gorge.

The highlight of this break will be 'Shipwrecked', a theatrical multi media and outdoor special effects experience that bring to life the tragic story of the Loch Ard disaster in a multi-million dollar Sound and Laser show that sails nightly at Flagstaff Hill. **(Wheelchair accessible)**



March 9th – 11th Werribee Park Mansion Night Tour

This weekend welcomes us to Werribee Park Mansion, a fascinating place in 1908! Join us in uncovering the secret lives of the Chirnside family, who resided in Werribee Mansion for many years. This scary comedy play **'What Was That?'** is performed as a roaming night tour at Werribee Park. The experience is set in 1908 after the tragic death of Mary Chirnside. Maggie the maid and the butler, Mr. Duncan, take us on a journey through their elaborate and peculiar workplace.

On arrival at the Mansion we will be treated as old friends of the Chirnsides (albeit suspiciously by Mr. Duncan). Maggie desperately wants our company and tries to keep us there as long as possible. She will take us to places we are not supposed to go much to the vexation of Mr. Duncan. As we move from room to room in the original setting of this great house, the story unfolds. Performed by professional actors, the play takes us back in time and into the lives of the wealthy and their poor servants. Discover the mansion, the tragedies and the hauntings at Werribee Park. So for those of you who would enjoy a spooky night out, this may be the one for you! **(Not wheelchair accessible, involves climbing stairs)**



March 16th – 18th Adventure in the Dandenongs

This weekend will be another adventure in The Dandenongs! Relax and enjoy the scenery or explore some of the small villages; take Olinda for example – there are beautiful craft shops, galleries, public and private gardens and an abundance of cafes and restaurants.

The highlight of this weekend will be an evening on board the Puffing Billy Dinner & Dance train.

Relax in first class dining carriages whilst travelling to the historic 'Nobelius Packing Shed'. Savour a sumptuous three course meal before the musical entertainment begins. During the forward journey your entree will be served before disembarking at the Packing Shed. There will be a variety of roast meats, vegetables and salads from the buffet followed by various dessert options and a range of beverages including local wines will be available for purchase.

On the return journey, tea, coffee and dinner chocolates will be served.

So for those who enjoy the finer things in life, this may be the weekend for you!

(Not wheelchair accessible)



March 23rd – 25th Mornington Peninsula 84th Red Hill Show 2012

This weekend we're off to the Mornington Peninsula for the 84th annual Red Hill Show (the only event of its kind on the Mornington Peninsula) and, as always, the entertainment, exhibitions, demonstrations and animals will be top class.

Did you know ... Agricultural Shows are the most popular form of family entertainment in Australia today, and on the Mornington Peninsula they have one of the best. Every year thousands of people attend the Red Hill Show to enjoy a great day and be part of this wonderful community celebration.

There will be Art & Crafts, fruit stalls, cookery exhibits, Clydesdale horses, showjumping, Alpacas, Cattle, Sheep and much more to keep us entertained. If you enjoy Agricultural shows, this is one not to miss! **(Wheelchair accessible)**



If you require further information please contact the office on 03 9676 2329